



How to Create Your Three-Word Testimony

What's the value of a personal testimony?

- It's YOUR testimony
 - Someone may argue with what you say, or dispute what you believe
 - But they cannot argue with what has happened to you.
- May be delivered in many venues
- Tells how YOU came to Christ and how THEY can come to Christ, too

What makes a testimony *effective*?

- An effective testimony is a story about how to get to heaven, based on *your life*
 - Describes what your life was like before you came to Christ
 - Explains how you came to understand the gospel and to trust Christ
 - Tells of the difference He has made since you trusted Him

Testimony-Building Exercise

Build a 3-word testimony

This exercise helps you distill your testimony first into three words, then into three simple sentences. Use the worksheet to create your three-word testimony and embed the gospel into it. Altogether, your “conversational testimony” should last no more than five to six minutes.

The Process

- Use the accompanying worksheet to do this exercise.
- Use the word bank in each section to help you think of the word that most accurately describes your condition at each of the described stages in your life. Put that word in the small blue box on the worksheet.
- Show your team your 3 words.

- Create a simple explanatory sentence using each word and put the sentence in the same box as the word.
- Share your testimony in 3 minutes or less using these sentences. Add as little as possible to the sentences; alter the sentences as needed.
- **Add the gospel to your testimony.** Directions are on the worksheet.

Your Words

- **First word = What were you like before you trusted Christ as your Savior?**
(Note that this is your spiritual or personal **condition**, not your behavior. Your testimony is not a list of bad vs. good behaviors. If you grew up in a Christian home and trusted Christ as a young person, say so, then continue to describe areas in which you needed to grow as a Christian.)

Examples of words people have used

Angry	Independent	Manipulative	Miserable
Hopeless	Empty	Addicted	Aimless
Restless	Immature	Alcoholic	Scared

- **Second word = How did you come to understand the gospel and trust Christ?**
If you grew up in a Christian home and trusted Christ as a young person, use this word to lead into a time when you matured and were able to realize the full impact of the decision you made when you were young.

Examples of words people have used

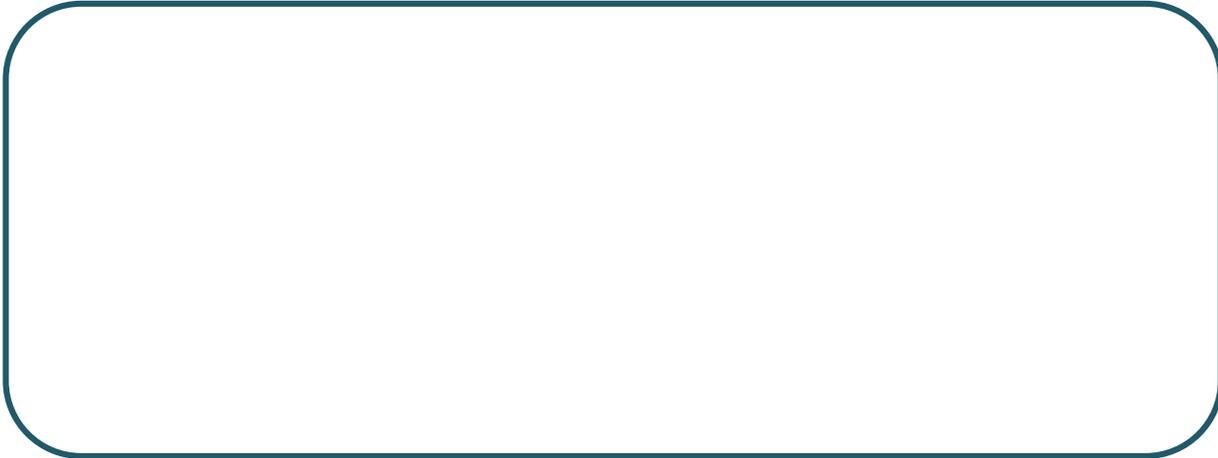
Creation	Studied	Tricked	Church
Bible	Friend	Trouble	Observation
Evangelist	Spouse	Loved	Media/Movie

- **Third word = What has trusting Christ helped you become?**

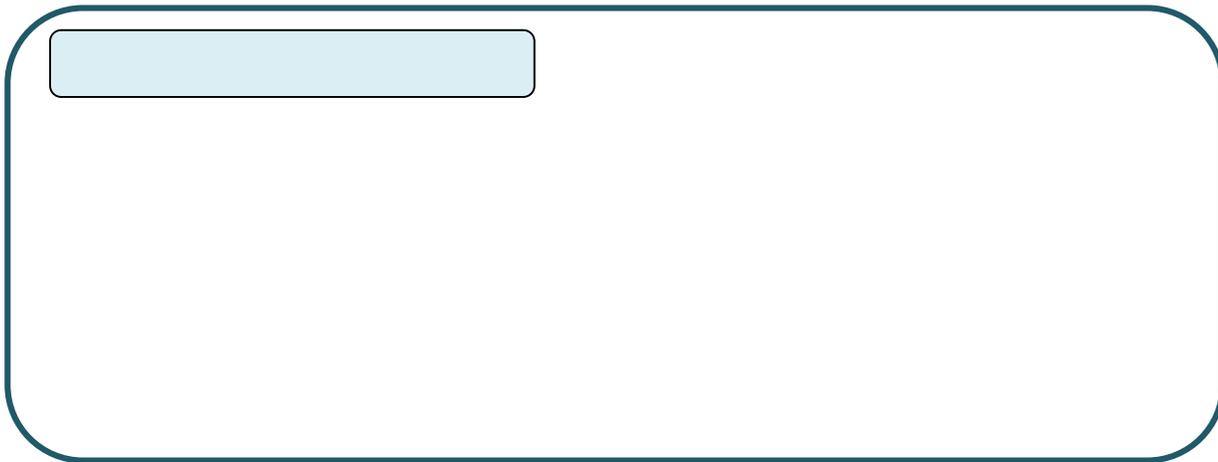
Examples of words people have used

Approachable	Peaceful	Generous	Loving
Brave	Caring	Teacher	Pastor
Missionary	Servant	Elder	Certain

Christ Died for Me – Insert Good News #1 and #2



What Has Trusting Christ Helped You Become? – Insert your last word and sentences.



Assurance – Memorize John 5:24 so you can tell them the assurance you have.

Be sure to tell them of your assurance that you will go to heaven if you die and that the Holy Spirit helps you live every day, learning from the Bible, and helping you to pray.

Ask them the question!

Say something like, **“You can have the same assurance I have today. God meets us right where we are, just as we are. Is there any reason you could not trust Christ for yourself today?”**

Remember, you have a booklet (*May I Ask You a Question, or Praying for You*) to give to them to reinforce what you have said.